

# SAUSD Student Wellness Committee

## What are the Roles and Responsibilities of a School District Wellness Committee?

The school wellness committee is **an action-oriented group** that makes the implementation of the district wellness policy and other health-related priorities possible.

### The SWC will:

- Support the schools in developing a healthier school environment
- Assist with policy development or revision to support a healthy school environment
- Promote parent, community, and professional involvement in developing a healthier school environment
- Advocate for school health programs and policies within the broader school community
- Tap into funding and leverage resources for student and staff wellness
- Plan and implement programs for students and staff
- Evaluate program and policy efforts
- Provide feedback to the district regularly regarding progress on the implementation of the local wellness policy

**Mission Statement:** The SAUSD Wellness Committee's mission is to improve the health and wellness of its students and community.

**Vision Statement:** Our vision is that SAUSD staff, students, and community are leaders of change through enhancing the well-being of the school community by creating a lifelong culture of active, healthy lifestyles.